

## REMAP — VF tx

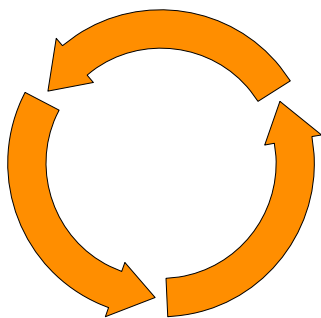
# Visual Field Treatment

Eye Movement therapy has evolved. **REMAP—VF tx** looks beyond EMDR for inspiration while offering innovation and improvements that makes the therapist's job easier. This is a method that provides the practitioner more control over the use of visual field techniques, more precisely provides strategies for desensitization and enables you to better understand working with both the emotional mid brain vs. the thinking brain (cortex).

### Help your clients to:

- Access productive treatment targets
- Learn new tools to prevent or stop abreaction
- Reduce or eliminate distress and emotional pain
- Reassess the subjective meaning of their issues and helps them to see themselves more objectively
- Integrate positive shifts in perspective
- Find solutions from their own inner resourcefulness
- Enhance and strengthen self acceptance
- Discover a place of peace in relation to past events

Accessing productive treatment targets and desensitizing the emotional pain attached to them is at the heart of this work. A key benefit is that **REMAP—VF tx** engages the mind in a database search that will automatically narrow to what is most important to treat. This can happen even when the client's conscious mind does not know or is avoiding what is most important. When you have accessed, tuned into and identified a relevant treatment issue, you are positioned to really help your client. You can then separate the key features of the problem that need to be desensitized, understood and seen from a more resourceful perspective. This treatment equips you to accomplish each of those steps with concrete tools that gets the job done.



This makes **REMAP—VF tx** a foundational set of skills for any therapist and a nice additional skill set for those who have studied other eye movement strategies.

While the work is largely behavioral and cognitive in orientation, the internal processes are very client centered. This allows your client to move at a pace that is most workable for them.

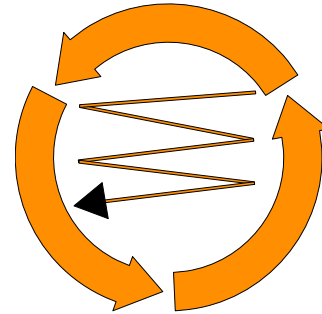
## Course Content

### Assessing Client Suitability for REMAP-VF tx

Functional vs. Nonfunctional  
Detached vs. Flooded  
Adequate sleep vs. sleep deprivation

### Abreaction: 6 Ways to Stop It

Safe Place Anchor  
Strong Place Anchor  
Submodality Shift  
Six Breaths per Minute Technique  
KAVE—Mindfulness Stress Reduction Technique  
Quick REMAP 4-Point Protocol



### Pace of Exposure

To traumatic, overwhelming or highly painful material  
To visual field patterns  
vs.  
Resource building, cognitively oriented sessions

### Tracking

0———10 scale  
KAVE  
Shifts from negative to positive cognitions  
Story—amount of detail  
Chain of mental links and degree of relatedness to the treatment issue

### Steps in the REMAP—VF tx

Discover  
Access  
Tune-in  
Desensitize  
Process and Integrate

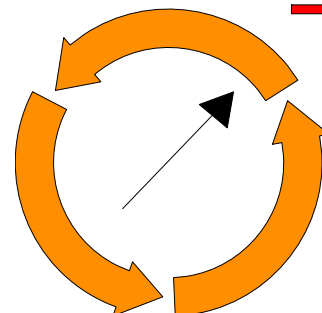
### Visual Field Treatment Patterns for Each Step

Preventing practitioner repetitive stress injuries

### Six Desensitization Patterns

#### Client Preparation

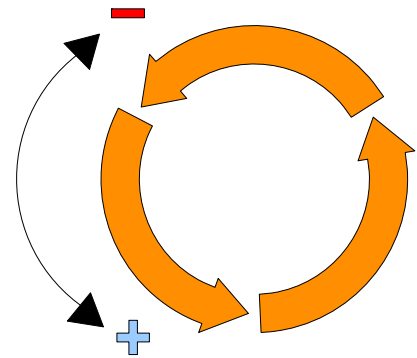
Impact Event list, other treatment targets  
Coping container  
Goal of treatment  
How it works  
Mechanics  
Six ways to contain  
Between session activity  
Beginning of session review



## Who Should Attend

Those in the mental health field including:

- Psychologists
- Licensed Professional Counselors
- Licensed Clinical Social Workers
- Licensed Marriage and Family Therapists
- Drug and Alcohol Counselors
- Psychiatrists
- Psychiatric Nurse Practitioners



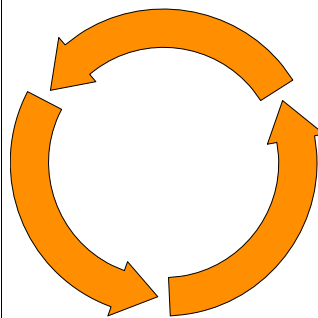
Clinicians who:

- Need skills in working with patients who suffered traumatic events
- Want new tools to help desensitize emotional pain
- Seek ways to help their clients stay focused on productive treatment issues
- Have had difficulty getting the results they want from EMDR
- Want to add to their repertoire of beneficial clinical skills

## Seminar Leader

Steve B. Reed, LPC, LMSW, LMFT is the developer of the REMAP process and is an innovator and leading expert in using acupressure to enhance cognitive-behavioral therapy. He has presented on the REMAP process at several International Conferences, at the Academy of Bio-energetic and Integrative Medicine's International Cancer Symposium Practicum, and at state and local conferences. He has twice presented his work at the Ohio State University Medical School. His workshops have been given in the United States, Canada, Central America and Europe. Steve is in private practice in the Dallas, Texas area. He holds three mental health licenses in Texas and is an approved CE provider.

## Continuing Education



Continuing education hours are available in the state of Texas for

- Professional Counselors
- Social Workers
- Marriage and Family Therapists

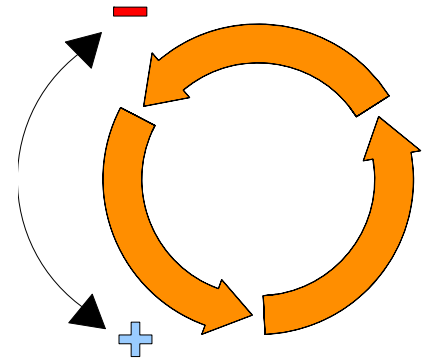
This workshop provides 12 continuing education credits for those mental health licenses.

## Dates — Times — Location

January 16 & 17 (Saturday & Sunday), 2010

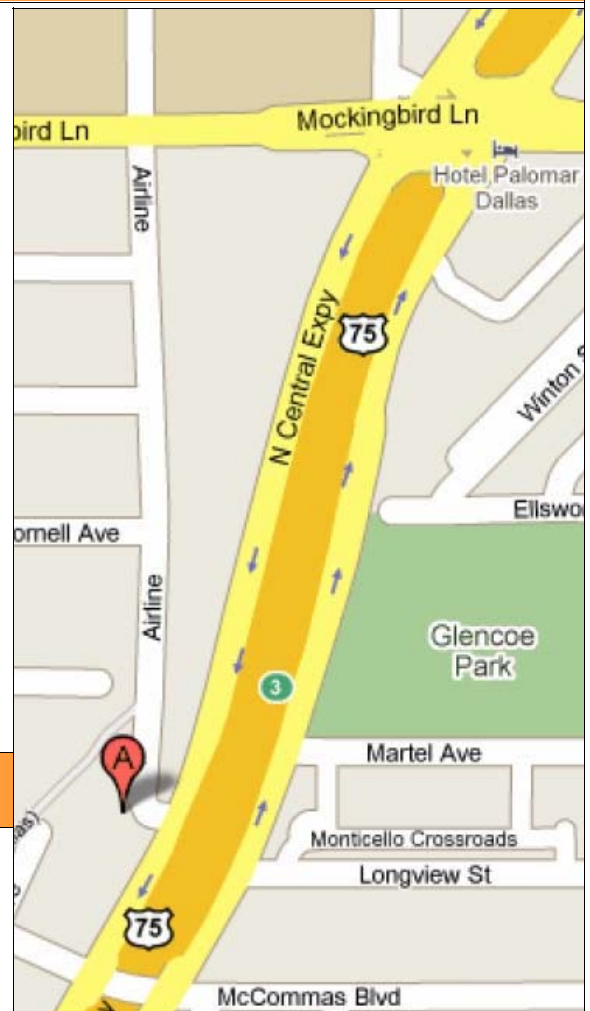
10:00 AM until 5:00 PM (1 hour for lunch)

**Solution Outpatient Services**  
**5327 N. Central Expressway (at Airline Rd.)**  
**Suite 333**  
**Dallas, Texas 75205**



## Directions

From the intersection of Mockingbird Lane & N. Central Expressway (US 75), go south (towards downtown) on the N. Central Expressway service road. Turn right at the first street (Airline Road) and the building will be facing you on the left.



## Tuition

\$295 *early bird (by Jan. 08, 2010)*

\$325 *regular registration*

If you register but are then unable to be at the training you will receive a credit for one of Steve's future training events.

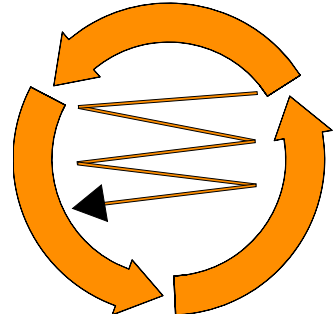
NOTE: 10 people must register by 01-08-10 in order to hold the seminar.

## How to Register

### By Phone:

Contact Steve B. Reed at 972-997-9955.

You may register with your credit card  
(*Visa, MasterCard, Discover or American Express*)



### By Mail:

You may register with your check or credit card by completing the information below:

Name (*print*): \_\_\_\_\_

Address 1: \_\_\_\_\_

Address 2: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: w) \_\_\_\_\_ c) or h) \_\_\_\_\_

\_\_\_ Early registration \$295 (*post marked by 01-08-10*)

\_\_\_ Regular registration \$325

### Credit Card Information:

Name on Card: \_\_\_\_\_

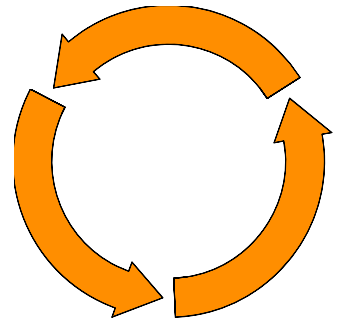
Card Number: \_\_\_\_\_

Expiration Date: \_\_\_\_\_

3-digit code (*back of card*): \_\_\_\_\_

Include the credit card billing address  
if it is different from the address above:

\_\_\_\_\_  
\_\_\_\_\_



### Mail to:

Steve B. Reed, LPC, LMSW, LMFT  
375 Municipal Drive, Suite 230, Richardson, Texas 75080